

## Meet our heroes

Alba started football training at a very young age, and she enjoys the training sessions. However, she finds playing matches challenging because being on the spot and communicating quickly with a team is difficult for her.



Recently, Alba participated in a friendly match, playing twice and breaking that barrier. The team performed exceptionally well! Coaches were very impressed with her willingness and participation, and she also won the 'player of the match' trophy!



Violet achieved her stage 2 badge and certificate at swimming recently.

She has really persevered and tried her best each week. Violet is looking forward to wearing her yellow hat and start stage 3.

