



Meet our heroes



Lucius was recently awarded the Terry Treds award.

This is what is Rugby Coach said about him:

"we are super proud of Lucius being awarded the U7 Terry Treds award at his Rugby Club. T.R.E.D.S are the Core Values of Rugby at Wimborne Rugby club and stand for Teamwork, Respect, Enjoyment, Discipline and Sportsmanship."



"Lucius brings the best of rugby Treds values to the U7s team every week. He shows real teamwork, always backs others up, and gives his all, whether he is carrying the ball himself or setting someone else up to score. Well done Lucius."

On top of that, Lucius also received player of the match this weekend.



Amazing Lucius, well done!

Isla received her Red Stripe Belt at her Kickboxing grading recently.



To achieve this, Isla had to show technical ability, control, commitment and respect in all lessons (as well as during her exam). She also had to show strength and good fitness levels by doing push ups, star jumps and crunches.

We are so very proud of her.



Fantastic Isla, well done!