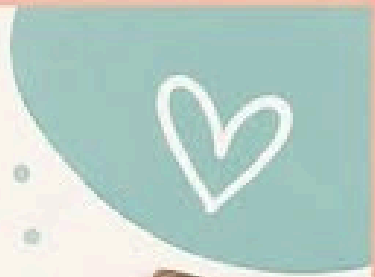




# Drop-Offs Don't Have to Be Dramatic



♥ *Simple things that help everyone.*

Drop-off is hard. For kids. For parents. For educators. But it doesn't have to be a battle. When we work together, kids feel safe, settle faster, and the day gets off to a better start.



## Keep it short & sweet.

A quick, confident good-bye (10–20 seconds) is kinder than a drawn out one. Lingering or popping back for “one more hug” can make it harder for your child to settle.

*Quick good-bye,  
big confidence.*



## Your calm is their calm.

Kids read our nervous systems like a book. Take a deep breath, smile, and trust that they're in good hands. If you believe it's a safe place, they will too.

*You set  
the tone.*



## Create a goodbye script.

Keep it simple and consistent. Try: “I love you, I'll be back after lunch. Have a great day!” Then say it, hug, and go. Repetition builds security.

*Same words,  
same love,  
every time.*



## Use a transition object if it helps.

A stuffy, photo, or special token can be a comfort reminder—especially at first.

*A little piece  
of home.*



## Trust the team.

We're more than caregivers—we're copilots in this journey. We'll comfort, distract, and help your child feel safe and connected.

*We've got  
them.*



## Be kind to yourself, too.

Drop-offs get easier with time. There will be tough days. There will be easy ones. You're doing better than you think. ♥

*Teamwork  
makes the  
dream work. ♥*